

YOGA BIRTHDAY PARTIES

Yoga Birthday Parties –
A fun and unique way to celebrate with friends!

- AGES 2-82!
- IN STUDIO
- EXPERIENCED INSTRUCTOR
- GAMES MUSIC AND PARTNER YOGA AVAIL.
- OPTION TO ADD PARTY PLANNING SERVICE



Favorite Moment?

“The Sea of OM and when the instructor helped me stay in handstand while my friends sang Happy Birthday!”

Alexandra, 12

Do something special this year!

What better way to celebrate a birthday than the practice of yoga, which has been known to stop the process of ageing!

Your Yoga Birthday Party will be held at the cozy and beautiful Yoga Pilates and More in south Winnipeg. An experienced yoga instructor will facilitate a fun yet relaxing class full of birthday surprises for up to 12 people. Class can be customized to all ages and experience levels.

You have the option to add studio time after class to celebrate with food and gifts or add our party planning services and we will do it all for you including invitations, decorating, music, food, cupcakes and cleanup. Relax and enjoy!

In studio Birthday Yoga Class \$120

Complete Yoga Party Package \$220

Call today 204.475.YOGA (9642)

www.yogapilatesmore.com

